



## News for HAP Partner Agencies and Friends

### Highlights of HAP Monthly Meeting

November 25, 2008

#### 8 people attended the meeting:

**Sally York**, guest, Northwest Orthopaedic Institute, Pierce Co. Falls Coalition

**John Barnett**, AARP, ybyb1@verizon.net

**John Deagen**, Senior Services, johnd@seniorservices.org

**Cynthia Ellison**, Mayor's Office for Senior Citizens, cynthia.ellison@seattle.gov

**Debbie Goetz**, Seattle Office of Emergency Management, debbie.goetz@seattle.gov

**David Jensen**, Seattle Dept. of Parks and Rec, david.jensen@seattle.gov

**Robin Knudson**, RSVP/Solid Ground, robink@solid-ground.org

**Andrea Meewes**, Senior Services, andream@seniorservices.org

**Sheryl Schwartz**, UW Health Promotion Research Center, sheryls@u.washington.edu

**Linda Woodall**, United Way of King County, lwoodall@uwkc.org

**Karen Lewis**, CHEF, karenl@chef.org

**Nathan Buck**, Neighborhood House, nathanb@nhwa.org

**Shirely Vanderbilt**, Alzheimer's Association, shirely.vanderbilt@alz.org

**Lil Hayashi**, Kawabe Memorial House, royhay@verizon.net

**Lani Sheman**, Jewish Family Service, lsheman@jfsseattle.org

**Bob Riler**, Pierce Co. Aging and Long Term Care, briler@co.pierce.wa.us

**Alan Abe**, King Co. EMS, alan.abe@kingcounty.gov

**Mary Fogh**, Long Term Care Ombudsman Program, maryf@solidground.org

**Next meeting: Tuesday, January 27, 2009, 8:30 - 10:00**

Location: Senior Services, Lillian Rice Center, 2208 2nd Avenue, Board Room

**Introductions and Welcome** - John Barnett

Welcoming comments were shared with all new attendees, guests and partners.

**Creating a Falls Coalition** - Sally York, NWOI, Pierce Co. Falls Coalition

Sally shared her experience in forming the Pierce Co. Falls Coalition. She provided HAP with a wonderful framework and resources to consider as HAP increases visibility as the falls prevention coalition in King County. Sally is available for technical assistance through June 30, 2009.

The partners committed to growing our falls prevention work in 2009 utilizing Sally's expertise, HAP resources, and other partner-generated revenue streams. A sub-group was formed to initiate the planning and the first meeting will be held January 7, 2009, 9:30 am - 11:30 am at Senior Services. Current Falls Prevention Sub-Group members are: Karen Lewis, David Jensen, Sheryl Schwartz, John Barnett, Karen Winston, Andrea Meewes, Debbie Anderson, Alan Abe, Debbie Goetz, Robin Knutson, Nathan Buck, Cynthia Ellison, Lani Sheman, and Lil Hayashi. If others wish to join the group, please contact Sheryl Schwartz ([sheryls@u.washington.edu](mailto:sheryls@u.washington.edu)).

We decided that HAP should focus our 2009 activities around just one topic - falls prevention - because we are in a transition period, learning to be successful without the support of Moore Ink., and because falls prevention overlaps so much with other healthy aging topics (e.g., physical activity, aging in place, nutrition, and medication management).

**Financial Report** - Karen Lewis

Karen shared that Overlake Hospital recently donated \$800 to sponsor HAP activities in 2009. Sponsorship letters were sent to all partner organization last month. Please follow up with your organization and send your 2009 financial sponsorship payment to HAP, c/o CHEF, 159 S. Jackson St., Suite 510, Seattle, WA 98104.