



News for HAP Partner Agencies and Friends

Highlights of HAP Monthly Meeting

April 28, 2009

Attendees

John Deagen, Senior Services, johnd@seniorservices.org

Jessica Mortensen, WDSF, mortenjm@deltadentalwa.com

Tara Lee, WDSF, tlee@deltadentalwa.com

Kathy Ryan, HAP, kathyhap@gmail.com

Luda Melnik, ResCare, ludamelnik@rescare.com

Merrili Owens, Central Region EMS & Trauma Council, merrili@comcast.net

Carol Redfield, SPU, carolsr@spu.edu

Mary Fogh, Long Term Care Ombudsman, maryf@solid-ground.org

Karen Winston, ADS, karen.winston@seattle.gov

Linda Wells, King Co. Aging Program, linda.c.wells@kingcounty.gov

Amy Babcock, Public Health EMS, amy.babcock@kingcounty.gov

Alan Abe, Public Health EMS, alan.abe@kingcounty.gov

Lil Hayashi, Kawabe Memorial House, royhay@verizon.net

Karen Lewis, CHEF, karenl@chef.org

Andrea Meewes, Senior Services, andream@seniorservices.org

Bob Riler, Pierce Co. ALTC, briler@co.pierce.wa.us

Miguel Saldin, ACRS, miguels@acrs.org

Sheryl Schwartz, UW Health Promotion Research Center, sheryls@u.washington.edu

Shirley Vanderbilt, Alzheimer's Association, shirley.vanderbilt@alz.org

Partner Presentation

Shirley Vanderbilt gave a partner presentation highlighting the important work of the Alzheimer's Association. For more information, contact Shirley at shirley.vanderbilt@alz.org or visit their Web site at www.alz.org.

At the May 26 meeting Karen Lewis will present a short demonstration of the Active Options Web tool.

Work Plan Report

The HAP Falls Prevention Committee chose the name **Shape Up!** for the campaign. A logo already exists and can be adapted for multiple uses.

VISTA: Sheryl Schwartz introduced our new HAP VISTA volunteer, Kathy Ryan. Kathy will be located at the UW-HPRC but will work on behalf of HAP, particularly on the falls prevention campaign. She will be with us full time for one year. Please help us welcome Kathy.

EMS: Alan Abe introduced EMS's new half-time falls prevention marketing coordinator, Amy Babcock. Amy will be raising funds to support HAP and EMS falls prevention work in King County over the next three years. Help us welcome Amy, too!

We selected four senior/community partners to launch falls prevention activities in their communities this year - Northshore, North Bellevue, Bitterlake, and Burien. They are currently drafting their proposals to submit to EMS for funding.

SPU/Active Options: Karen Lewis shared draft Active Options marketing pieces developed by the SPU student work group. Karen will mail the postcard to physical activity program providers in King County and send an email to existing providers already in the Active Options data base. These will go out in May once the revised site is released.

Advocacy Update

Tara Lee presented a summary of the Washington State legislative session that just ended April 26. The budget cuts are devastating to many programs, especially affecting low income older adults. For a detailed report, please go to www.waseniorlobby.org. HAP plans to provide these types of discussions at each monthly meeting, as appropriate.

Web Site Communications

Cynthia Ellison was not able to attend the meeting so Karen Lewis provided a short summary of the sub-committee's first meeting. Cynthia has graciously volunteered to serve as the HAP point person for Web communications. Highlights of what she will coordinate include:

- Serve as point person with IlluminAge regarding updates to the HAP Web site
- Solicit announcements from HAP partners at monthly meetings; also catalog announcements and requests submitted by partners via email and phone
- Review the site monthly to determine what needs to be deleted or updated
- Meet with the sub-committee once each month, following the monthly HAP meetings, to determine partner requests for posting to the Web site

HAP Budget Report

Thank you to HAP's April contributors; UW-HPRC was able to contribute \$2,500 and Asian Counseling and Referral Services donated \$250. All partners were encouraged to contribute to HAP at whatever level is possible within their organization.

Next Meeting: May 26, 8:30 am - 10:00 am at Senior Services

