



## News for HAP Partner Agencies and Friends

### Highlights of HAP Monthly Meeting

October 27, 2009

#### Attendees

Debbie Anderson, NEST & Snoqualmie Valley Hospital, [deba@snoqualmiehospital.org](mailto:deba@snoqualmiehospital.org)

Nathan Buck, Neighborhood House, [nathanb@nhwa.org](mailto:nathanb@nhwa.org)

Jeanne Carpenter, NEST, [info@nestseattle.org](mailto:info@nestseattle.org)

Cynthia Ellison, Mayor's Office for Senior Citizens, [cynthia.ellison@seattle.gov](mailto:cynthia.ellison@seattle.gov)

Doug Harkness, Elderhealth Northwest, [dough@elderhealth.org](mailto:dough@elderhealth.org)

Robin Knudson, Solid Ground RSVP, [robink@solid-ground.org](mailto:robink@solid-ground.org)

Andrea Meewes Sanchez, Senior Services, [andream@seniorservices.org](mailto:andream@seniorservices.org)

Bob Riler, Pierce County ALTC, [briler@co.pierce.wa.us](mailto:briler@co.pierce.wa.us)

Kathy Ryan, UW HPRC/HAP, [kathyHAP@gmail.com](mailto:kathyHAP@gmail.com)

Amy Shumann, PHSKC, [amy.shumann@kingcounty.gov](mailto:amy.shumann@kingcounty.gov)

Sheryl Schwartz, UW Health Promotion Research Center, [sheryls@uw.edu](mailto:sheryls@uw.edu)

Kari Washburn, Group Health, [washburn.k@ghc.org](mailto:washburn.k@ghc.org)

Christine Westerback, Evergreen Healthcare, [cwesterback@everygreenhealthcare.org](mailto:cwesterback@everygreenhealthcare.org)

Karen Winston, Aging and Disability Services, [karen.winston@seattle.gov](mailto:karen.winston@seattle.gov)

#### Presentation

Debbie Anderson and Jeanne Carpenter, Board President of NEST (North East Seattle Together), introduced a new grassroots "aging in place" non-profit project being developed in NE Seattle.

NEST will offer older adult members living in NE Seattle one number to call for direct services and referrals for anything they need, such as transportation, shopping, vetted in-home help and repair services, fitness programs and walking groups, social and educational events, and more.

Current plans are to launch NEST in Fall 2010. NEST will be supported initially by participants' annual membership dues, and will rely largely on volunteers to carry out its work.

#### HAP Plans for 2010

Inspired by the very positive response to last month's special meeting, HAP will be planning

special meetings to be held twice a year.

Expert speakers on current issues relevant to HAP partners' work will be featured. September (Falls Prevention month), January and March were suggested as possible months for special meetings.

Suggested topics for regular HAP 2010 meetings included hearing from Pam Piering of ADS on its 2010 outlook, AARP on its state and federal agenda, Nora Gibson of Elderhealth NW, and Kathy Leitch, Assistant Secretary, ADS/DSHS, among others. Also suggested were presentations by Group Health and area hospitals about their Aging projects.

#### Partner Announcements

Nathan Buck, Neighborhood House, announced the grand opening of a new building in the High Point neighborhood of W. Seattle. The opening will be held on Saturday, November 14, from 1-4 pm.

Pierce County is hiring for the position of Aging and Long Term Care Manager (Director of their Area Agency on Aging). The position is posted at: [piercecountywa.org](http://piercecountywa.org). The Puget Sound Health Alliance is hiring a Director of Communications & Development. For more information, please visit: [pugetsoundhealthalliance.org](http://pugetsoundhealthalliance.org).

**NEXT MEETING: Tuesday, November 24, 2009, 8:30am - 10:00, Senior Services**

The Healthy Aging Partnership meets on the 4th Tuesday of each month (no meeting in December), from 8:30 to 10:00 a.m. at the Paul Allen Conference Room of Senior Services of Seattle-King County (the Lillian Rice Center), 2208 2nd Avenue in the Belltown area of downtown Seattle. The building is on the east side of 2nd Avenue, near the intersection of 2nd and Blanchard. Meter parking is usually available on the street, and there are several pay lots nearby. For information on bus schedules and the ride-free zone, go to [www.metrokc.gov](http://www.metrokc.gov) and click on Transportation

Questions or comments? Contact:

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