



## News for HAP Partner Agencies and Friends

### Highlights of HAP Monthly Meeting

April 27, 2010

#### Attendees

Debbie Anderson, NEST & Snoqualmie Valley Hospital, [deba@snoqualmiehospital.org](mailto:deba@snoqualmiehospital.org)

Sally Brown, VISTA, HAP, [sallyb@seniorservices.org](mailto:sallyb@seniorservices.org)

Nathan Buck, Neighborhood House, [nathanb@nhwa.org](mailto:nathanb@nhwa.org)

Joanne Donohue, Senior Services, [joanned@seniorservices.org](mailto:joanned@seniorservices.org)

Lee Harper, Phinney Neighborhood Association, [leeh@phinneycenter.org](mailto:leeh@phinneycenter.org)

Cecily Kaplan, Greenwood Senior Center, [Cecily@greenwoodseniorcenter.org](mailto:Cecily@greenwoodseniorcenter.org)

Robin Knudson, Solid Ground RSVP, [robink@solid-ground.org](mailto:robink@solid-ground.org)

Maria Langlias, King Co. Aging and Disability Services, [maria.langlias@seattle.gov](mailto:maria.langlias@seattle.gov)

Karen Lewis, CHEF, [karenl@chef.org](mailto:karenl@chef.org)

Nolan Lim, Seattle Office for Civil Rights, [Nolan.lim@seattle.gov](mailto:Nolan.lim@seattle.gov)

Andrea Meewes Sanchez, Senior Services, [andream@seniorservices.org](mailto:andream@seniorservices.org)

Barbara Myers, Pierce Co. Aging and Long Term Care, [bmyers@co.pierce.wa.us](mailto:bmyers@co.pierce.wa.us)

Pam Piering, King Co. Aging and Disability Services, [Pamela.piering@seattle.gov](mailto:Pamela.piering@seattle.gov)

Ninfa Quiroz, SeaMar, [ninfaquiroz@seamarchc.org](mailto:ninfaquiroz@seamarchc.org)

Bob Riler, Peirce County Aging and Long Term Care, [briler@co.pierce.wa.us](mailto:briler@co.pierce.wa.us)

Sheryl Schwartz, UW HPRC, [sheryls@uw.edu](mailto:sheryls@uw.edu)

Kim Wicklund, Group Health, [washburn.k@ghc.org](mailto:washburn.k@ghc.org)

Karen Winston, King County Aging and Disability Services, [karen.winston@seattle.gov](mailto:karen.winston@seattle.gov)

Felicia Yearwood, Seattle Office for Civil Rights, [Felicia.yearwood@seattle.gov](mailto:Felicia.yearwood@seattle.gov)

#### Presentation: Seattle Office of Civil Rights

Felicia Yearwood and Nolan Lim from the Seattle Office of Civil Rights gave an overview of their

work and how they interact with the aging community.

The Seattle Office of Civil Rights investigates complaints of discrimination and provides technical assistance on housing, employment, government, and service accessibility issues. The office conducts outreach in the Seattle community to help people talk to their local government officials and informs Seattle's civil rights' policies.

Employment, public accommodation, healthcare facilities, and service animals are common issues that the staff address on a regular basis. The Office often acts as an advocate for disabled and elderly residents of housing complexes regarding accessibility issues. Reasonable home modifications, such as the installation of a grab bar, to accommodate for disability is one example of this.

### **Presentation: Seattle Senior Center Discussion**

Aging & Disability Services (ADS) staff are preparing a report in response to a Seattle City Council request to identify the City's policy on older adults and its role with regard to Senior Centers. As part of this process, ADS is soliciting input from Senior Center directors, community service providers, and other stakeholders.

HAP members provided ideas on ways to strengthen senior centers and the aging community through culturally appropriate outreach, collaborations and partnerships, and virtual communities. Those interested in providing additional input can email Maria Langlias at [maria.langlias@seattle.gov](mailto:maria.langlias@seattle.gov) or contact her by phone at 206-684-0651.

ADS will be sharing the results of their input gathering process along with preliminary recommendations at a stakeholder meeting on Monday afternoon, June 7<sup>th</sup> (time and location TBD).

### **Budget**

HAP would like to remind our partners that have not yet contributed for 2010 to please do so. An invoice can be requested by contacting Karen Lewis at [karenl@chef.org](mailto:karenl@chef.org)

### **VISTA Introduction & HAP Work Plan**

HAP welcomed new VISTA member Sally Brown, who will be leading up the Aging at Home training event and assisting HAP in achieving the 2010 work plan goals. She is working out of Senior Services in Seattle and can be contacted via email at [sallyb@seniorservices.org](mailto:sallyb@seniorservices.org) or by phone at 206-727-6237.

A subcommittee has been formed to plan the Aging at Home training event and they will meet in May. The subcommittee will identify community groups to participate in an Aging at Home

training and strategies to support Aging at Home projects. The subcommittee will also make recommendations on the awarding of small community grants to support Aging at Home projects.

HAP, in partnership with Senior Services, has an opportunity to work on a pilot-test through the CDC Arthritis Program (AP) to market community-based programs to local primary care practices. This project involves the use of a customizable marketing strategy and outreach materials provided by the CDC AP. Local sites will identify appropriate PCPs to market to and will conduct in-person visits and follow up regarding programs like EnhanceFitness and Living Well with Chronic Conditions.

### Announcements

The first *Aging Your Way* (a program of Senior Services) community gatherings will take place in Southeast Seattle on June 14<sup>th</sup> from 5:00 p.m. to 9:00 p.m. and in Shoreline on June 29<sup>th</sup> from 5:00 p.m. to 9:00 p.m. More details will be announced in June. *Aging Your Way* would like to invite baby boomers and other community members, who do not currently use aging services, to participate. For more information on *Aging Your Way*, visit: [Senior Services, Aging Your Way](#)

Next HAP meeting: June 22, 2010, 8:30 a.m. to 10:00 a.m., Senior Services.

HAP questions or comments? Please contact:

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